



Incontinence
Solutions



Know How.
Educate Your Staff.

Documents and forms provided here are available through the online Continence Management Program. Enrolled members, please log on to print forms, access tools and view additional educational courses and materials.

Want to know what your staff is thinking?

Have them take a quick anonymous quiz. Print out the following questionnaire and see how well your staff performs.



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Questionnaire

1. Adult disposable absorbent briefs are appropriate for everyone.
 - a. True
 - b. False
2. Adult protective disposable underwear can be used by residents who are: (Choose all that apply)
 - a. Incontinent but active
 - b. Participating in a bladder program
 - c. Restless
 - d. Disoriented
3. You should always put the largest brief you can find on your resident to make sure they stay dry.
 - a. True
 - b. False
4. Size does not really matter as long as the brief is easy to get on and off the resident.
 - a. True
 - b. False
5. Poorly fitted products are unable to perform as intended and can have a negative impact on the overall well-being of the resident.
 - a. True
 - b. False
6. Double diapering or doubling up disposable absorbent products by inserting a pad or another brief inside one another is good practice as long as there is no skin breakdown.
 - a. True
 - b. False
7. It's okay to use a poorly fitting adult brief—just place a bladder-control pad inside the brief to absorb more urine and prevent leaking.
 - a. True
 - b. False

Answer key on next page...

Answers: 1. b, 2. a, b, c, d, 3. b, 4. b, 5. a, 6. b, 7. b





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Clinical Education

New Employee Orientation: Incontinence Checklist

Trainee: _____ Trainer: _____

- ☐ Complete Continence Management Program CNA courses on Medline University.
- ☐ Receive verbal in-service from trainer.
- ☐ Receive hands-on demonstration of hand washing and/or hand sanitizing technique.
- ☐ Receive hands-on demonstration of product selection and sizing from trainer for ambulatory resident.
- ☐ Receive hands-on demonstration of product selection and sizing from trainer for bedridden resident.
- ☐ Receive hands-on demonstration of product application from trainer for ambulatory resident (including checking for proper size).
- ☐ Return demonstration of hand washing and/or hand sanitizing technique.
- ☐ Return demonstration of product selection and sizing to training for ambulatory resident.
- ☐ Receive hands-on demonstration of product application from trainer for bedridden resident (including checking for proper size).
- ☐ Receive hands-on demonstration of perineal care from trainer.
- ☐ Return demonstration of product selection and sizing to trainer for bedridden resident.
- ☐ Return demonstration of product application to trainer for ambulatory resident.
- ☐ Return demonstration of product application to trainer for bedridden resident.
- ☐ Return demonstration of perineal care to trainer.
- ☐ Understand the identification/storage system for absorbent products.
- ☐ Understand procedure for laundering of mesh pants (where to place soiled pants, where to find clean pants).
- ☐ Understand hand hygiene protocol.

Trainee signature: _____ Date: _____

Trainer signature: _____ Date: _____

Return to Staff Development when completed.



Clinical Education

Staff Development Education Log

Name: _____ Employee ID #: _____

Date	Education	CE?	Type (Video/Class)	Comments
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

The above is my education since: ____ / ____ / ____

Signature: _____ Date: _____



Clinical Education

In-Service Attendance Roster

Presenter: _____ Date: _____

Topic: _____ Facility Name: _____

Objectives: _____

Name (please print clearly)	Title	Shift
1		
2		
3		
4		
5		
6		
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12		
13		
14		
15		
16		
17		
18		

Name (please print clearly)	Title	Shift
19		
20		
21		
22		
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40		



Clinical Education

Incontinent Conversion Checklist—Skill Review Validation Form

- ☐ Incontinence care professionals (CNA team leaders) are identified for each shift:
 - ☐ Unit leader: _____, _____, _____
 - ☐ Unit leader: _____, _____, _____
 - ☐ Unit leader: _____, _____, _____
- ☐ Conversion date selected: _____
- ☐ Residents were assessed for level of incontinence, best practice absorbent product and proper sizing.
- ☐ Absorbent products are ordered.
- ☐ Old product is removed.
- ☐ System in place to ensure correct product is available to CNAs for each resident while maintaining resident privacy.
- ☐ In-service all staff members regarding proper product application.
- ☐ Team leaders responsible for ongoing monitoring, troubleshooting and communication with DON and Medline sales rep.
- ☐ Follow-up with central supplies and include them in meetings to ensure supplies are ordered and stocked appropriately.



In-Service
Announcement

New Continence Management Product

Date

Time

Location

Medline Sales Representative:



Let's Get Started

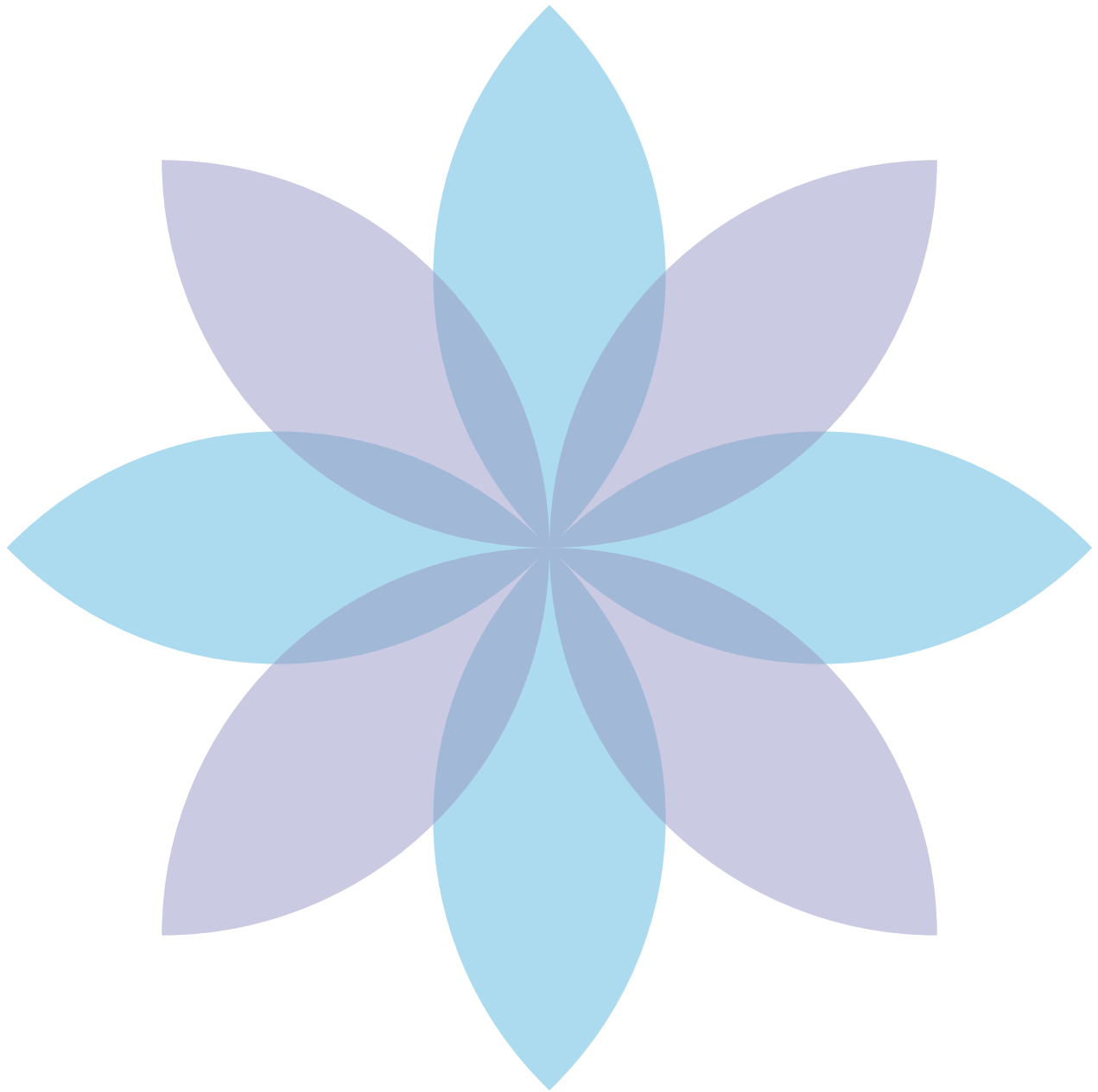
A checklist to make sure you have all the components in place

Completed Date/ Initials	Do we have...	Comments
	CMS F315 on file	
	Staff education on CMS F315 completed	
	A comprehensive incontinence program	
Assessment Materials		
	Treatment algorithm	
	Incontinence assessment part of the admission process	
	Assessment of incontinence prior history form	
	Physical exam and screening form	
	Assessment form for determining type of incontinence	
	Product selection and sizing form	
	A method/documentation to determine which residents are candidates for bowel and bladder programs	
	Voiding diary form	
	Individualized nursing care plans for different types of incontinence	
Procedures		
	Procedure for catheter care	
	Procedure for perineal care	
	Procedure for hand washing	
	Procedure for bladder rehabilitation/bladder retraining	
	Procedure for habit training/scheduled voiding	
	Procedure for prompted voiding	
	Procedure for Kegel/pelvic floor rehabilitation	
	Procedure for sizing adult briefs	
	Procedure for adult briefing application	
	Procedure for pant and liner application	
	Procedure for protective underwear application	

Completed Date/ Initials	Do we have...	Comments
Educational Materials		
	Documentation of education regarding types of incontinence	
	Documentation of education regarding incontinence treatments	
	Documentation of education regarding perineal and skin care	
	Documentation of education regarding sizing absorbent products	
	Documentation of education regarding absorbent product selection	
	Procedure in place to educate new staff	
	Procedure in place for annual review of current practices/protocols	
	Documentation of staff education	
Decision Trees		
	Decision tree in place for incontinence treatment plan	
	Decision tree in place for absorbent products	
	Decision tree in place for perineal skin care products	
	Decision tree in place for incontinence behavior programs	
Supply Management		
	System in place to distribute and track incontinence products, keeping in mind residents' privacy	
	Assigned responsibility for incontinence products on each unit	
	Ability to track responsibility for incontinence products	
	Manufacturer's recommendations on file	
	Medical director's sign-off	

Notes:

Notes:



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